



# Online Safety for Parents and Carers

## Introduction

Online safety is all about protecting people (especially children and young people) in the digital world – learning to understand and use new technologies in a safe and positive way, and knowing the risks as well as the benefits.



## **Audience**

This course is intended for the parents / carers and household members of children and young people.

## **Objectives**

This course will enable you to:

- Know the risks to children that are associated with mobile and online technology, and
- Know how to tackle these risks

## **Modules**

This course contains the following modules:

#### Module name

Online Safety for Parents and Carers

### Content

Here are a few topics covered in this course:

Be vigilant | What is online safety? | Online safety at your child's school | Why is online safety important? | Don't ignore it | Understand technology | Browsing sensibly | Supervising what children see | Real and unreal pornographic behaviour | Talk to children | Unwanted email | Online friends? | Social media, blogs and chat rooms | Your child's online reputation | Mobile phones | Online bullying | Grooming | Useful websites



